

Waist

The Casual Kilt can either be worn at the "True Waist" (A) like a traditional kilt or at the "Jeans Waist" (B). This is where the top of the kilt will sit.

DO NOT HOLD YOUR STOMACH IN. You'll only going to get a kilt that's too small. Just relax and stand "at ease".

Make sure to use a good sewing tape measure. If you don't have a sewing tape measure, you can use a leather belt to measure. Wrap it around you, mark it and then lay it flat on a metal tape measure to get the measurement.

The tape measure should be snug – as snug as you will be wearing the kilt.

*Note: It will probably be 2 to 4 inches more than your pants size. This is common.

*TIP: BIG guys with large bellies may want to wear the kilt around the naval, as it gives a more flattering appearance.

Hip

With the same tape measure, measure around the absolute largest part of your rear.

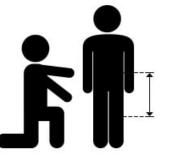
Take this measurement a little LOOSELY. You should be able to slide a finger between the tape measure and your body when you measure.

This is the number we use for your hip size. In most cases, it's about 4-6 inches larger than the waist measurement.

Length

If possible, it's best to take the length measurement wearing shorts and a form fitting t-shirt. There are 3 different ways to measure length:

- 1) With assistance
- 2) With bath towel assistance
- 3) Without assistance
 - 1) Length Measurement with assistance

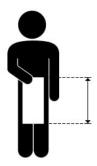


Stand tall with your back straight. Do NOT look down or bend over as this will change the length measurement. Just stand tall and face forward.

Have the other person measure down the SIDE of your leg. On your side, put the "0" end of the tape measure at the top of where your kilt will be (the same height you took your waist measurement from). Measure from that point down the side of your body to the middle of your knee.

The number on the tape that is right where the bottom edge of the kilt will be is the length.

2) Length Measurement with bath towel assistance



Take a bath towel and FOLD IT so that it is 22" long.

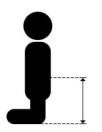
Wear a pair of shorts, so you can see your knees and stand roughly 10 feet back from a full length mirror. Hold the towel up to your waist, putting the top of the towel at the spot you took the waist measurement.

If the 22" length hits below your knee, shorten the towel by folding another inch or two, so that the bottom edge hits you square in the middle of the kneecap.

If the 22" length hits above your knee, lengthen the towel by unfolding an inch or two, so that the bottom edge hits you square in the middle of the kneecap.

Once you have the top of the towel sitting at the top of where you want to wear the kilt and the bottom edge hitting the middle of your knee, measure the length of the folded towel from the top to the bottom. That will be your kilt length measurement.

3) Length measurement *without* assistance



Kneel on the floor with your back straight. You're going to measure down the SIDE of your leg to the floor.

From the top of where your kilt will be (the same height you took your waist measurement from), measure down the side of your body to the floor down the side of your leg. It's easier to put the "0" end of the tape measure barely touching the floor and the numbered end at the top.

SUBTRACT 1" FROM THIS MEASUREMENT to have the kilt sit at the middle of the knee.

Use the following chart for reference. These are typical height / length measurements.

HEIGHT	JEANS WAIST LENGTH	TRUE WAIST LENGTH	HEIGHT	JEANS WAIST LENGTH	TRUE WAIST LENGTH
5' 4"	19.5"	21.5"	6'	22"	24"
5' 5"	19.5"	21.5"	6' 1"	22.5"	24.5"
5' 6"	20"	22"	6' 2"	22.5"	24.5"
5' 7"	20.5"	22.5"	6' 3"	23"	25"
5' 8"	20.5"	22.5"	6' 4"	23.5"	25.5"
5' 9"	21"	23"	6' 5"	23.5"	25.5"
5' 10"	21.5"	23.5"	6' 6"	24"	26"
5' 11 "	21.5"	23.5"	6' 7"	24.5"	26.5"



Waist (A or B)

First, determine where you would like the top of the kilted skirt to sit. It can be worn either at the "high waist" (around your naval... "A" in the diagram above) or "low waist" (where you wear your jeans... "B" in the diagram above). If you want to wear it at the "high waist", measure around your belly button. If you want to wear it at your "low waist" (at the h <u>or the other</u>. That will be where the top of your kilted skirt will sit.

This measurement is taken at the widest area of your thighs (Standing with your feet 8" to 10" appart)

This measurement is taken from the top of where the kilt will sit (A or B) to

LENGTH

mid calf.

Hips

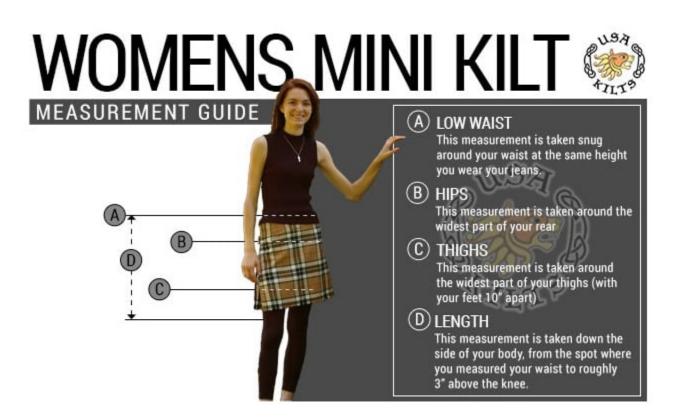
This measurement is taken around the *very widest part* of your rear end. This measurement should be taken a bit loosely.

Thighs

Standing with feet about 8" to 10" apart, measure around the widest area of your thighs Measure around both thighs, not individually.

Length

This is measured down the *side* of your body from the top of where the kilt will sit (i.e. at the height where you measured your waist) straight down to about mid calf. The preferred length is VERY subjective and can be anywhere from 2 or 3 inches below the knee to almost ankle length.



Low Waist

Our mini kilt is designed to be worn at "low waist" (where you wear your jeans). This is where the top of your kilt will sit.

Make sure to use a good sewing tape measure. If you don't have a sewing tape measure, you can use a leather belt to measure. Wrap it around you, mark it and then lay it flat on a metal tape measure to get the measurement.

Just relax and stand "at ease". When measuring, the tape measure should be snug – as snug as you will be wearing the kilt. Use that measurement for the waist.

Hips

This measurement is taken around the very widest part of your rear end. This measurement should be taken a bit loosely.

Thighs

Standing with feet about 8" to 10" apart, measure around the widest area of your thighs. Measure both thighs together, not individually.

Length

This is measured down the side of your body from the top of where the kilt will sit (i.e. top of your jeans) straight down to about 3" above the knee. 15" is an average length for a 5' 4" woman, wearing the kilt at her low waist). Any measurement shorter than this may be a bit "revealing" when you bend at the waist! As a reference point, here are some heights and mini kilt lengths:

If you're 4' 8" to 5' 2", the length will be about 14" to 15.5. If you're 5' 3" to 5' 6", the length will be about 15" to 16.5". If you're 5' 7" to 5' 9", the length will be about 16" to 17". If you're 5' 10"; to 6', the length will be about 17" to 18.5".